

Stone Crest Assisted Living

Week 1

September 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|--|--|
| Breakfast | | | | | | |
| Hot or Cold Cereal Pancakes Sausage Patty Syrup Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Choice of eggs Toasted English Muffin Peanut Butter and Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Western Omelet Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Cereal Belgian Waffles Turkey Links Strawberries Syrup Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Cheese Omelet Bacon Cinnamon Peach Muffin Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Hard Boiled Egg Candian Bacon Toast Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Scrambled Eggs Bagel Cream Cheese Juice of Choice 2% Milk Coffee/Tea |
| Lunch | | | | | | |
| Meat Loaf Baked Potato Key West Veggies Fresh Baked Roll Cherry Crisp Sour Cream/Chive Juice of Choice 2% Milk Coffee/Tea | Braised Turkey Egg Noodles Crumb topped Brussel sprouts Wheat Bread Banana Pudding Pound Cake Juice of Choice 2% Milk Coffee/Tea | Bourbon Pork Chop w/apples Red Bliss Potatoes Garden Seasoned Broc. Pumpkin Cheesecake Crumble Juice of Choice 2% Milk Coffee/Tea | Beef w/ broc, White Rice Sugar Snap Peas Bread stick Éclair Dessert Juice of Choice 2% Milk Coffee/Tea | Veggie Lasagna Tossed Salad Garlic Toast Apricot Crisp Choice of dressing Parm Cheese Juice of Choice 2% Milk Coffee/Tea | Cornflake Chicken Scalloped Potatoes Asparagus Dinner Roll Rhubarb Crumble Juice of Choice 2% Milk Coffee/Tea | Pot Roast Whipped Sweat Potatoes Roasted Cauliflower Cornbread Picasso's Brownies Juice of Choice 2% Milk Coffee/Tea |
| Dinner | | | | | | |
| Broccoli Cheese Soup Saltines Grilled Chicken Breast Swch Carrots Cinnamon Apples Juice of Choice 2% Milk Coffee/Tea | Cabbage Roll Stuffed w/ Sauce Mashed Potatoes Tossed Salads Breadstick Cottage Cheese and Peaches Choice of Dressing Juice of Choice 2% Milk Coffee/Tea | Chunky Veggie Soup Saltines Oven Baked Fish Zucchini & Summer Squash Cornbread Mixed Melon Salad Juice of Choice 2% Milk Coffee/Tea | BBQ Chicken Thighs Baked Beans Corn on the Cob Wheat Bread Red Grapes Juice of Choice 2% Milk Coffee/Tea | Hot Roast Beef Swch Mashed Potatoes Peas and Carrots Diced Pears Juice of Choice 2% Milk Coffee/Tea | Chicken Noodle Soup Saltines Grilled Ham & Cheese Italian Green Beans Pineapple Chunks Juice of Choice 2% Milk Coffee/Tea | Chef's Salad Breadsticks Banana Choice of Dressing Juice of Choice 2% Milk Coffee/Tea |
| Evening Snacks | | | | | | |
| Assorted Beverages | | Assorted Snacks | | | | |

Stone Crest Assisted Living

Week 2

September 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|--|
| Breakfast | | | | | | |
| Hot or Cold Cereal Scrambled Eggs Bacon Cinnamon Roll Wheat Toast Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal French Toast Sausage Patty Syrup Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Egg & Cheese Swch Breakfast Ham Slice Juice of Choice 2% Milk Coffee/Tea | Scrambled Eggs Cranberry Scone Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Choice of Eggs Turkey Links Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Egg, Bacon, and Cheddar Scramble Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Hard Boiled Egg Blueberry Muffin Juice of Choice 2% Milk Coffee/Tea |
| Lunch | | | | | | |
| Lemon Baked Fish Rosemary Roasted Potatoes Herb Glazed Carrots Wheat Bread Frosted Spice Cake Juice of Choice 2% Milk Coffee/Tea | Spaghetti Sauce w/meat Spaghetti Noodles Green Beans Tossed Salad Garlic Toast Cranberry Chill Choice of Dressing Parm Cheese Juice of Choice 2% Milk Coffee/Tea | Baked Glazed Ham Garlic Mash Potatoes Broccoli Dinner Roll Blueberry Crisp Juice of Choice 2% Milk Coffee/Tea | Chicken Marsala Baked Potato Spinach Fresh Baked Roll Lemon Bars Sour Cream Chives Juice of Choice 2% Milk Coffee/Tea | Stuff Green Peppers Tossed Salad Buttered Breadstick Black Forest Cake Choice of Dressing Juice of Choice 2% Milk Coffee/Tea | Turkey Pot Roast Cinnamon Maple Squash Capri Veggie Blend Wheat Bread Chocolate Satin Pound Cake Juice of Choice 2% Milk Coffee/Tea | Pepper Steak White Rice Oriental Veggie Blend Wheat Bread Pudding/Cookie Parfait Parm Cheese Juice of Choice 2% Milk Coffee/Tea |
| Dinner | | | | | | |
| BBQ Pork Swch Southwest Slaw Orange Wedges Juice of Choice 2% Milk Coffee/Tea | Chicken Fajitas Spanish Rice Seasoned Black Beans Fruit Cocktail Juice of Choice 2% Milk Coffee/Tea | Salmon Patty Creamed Peas Breadstick Emerald Pears Juice of Choice 2% Milk Coffee/Tea | Tomato Soup Saltines Grilled Cheese Swch Baby Carrots Strawberry & Banana Cup Juice of Choice 2% Milk Coffee/Tea | Hearty Cabbage Soup Grilled Chicken Breast Swch Zucchini & Summer Squash Red Grapes Juice of Choice 2% Milk Coffee/Tea | Cheese Pizza Tossed Salad Breadstick Cottage Cheese & Peaches Choice of Dressing Juice of Choice 2% Milk Coffee/Tea | Minestrone Soup Saltines Turkey Salad on Croissant Broccoli Raisin Salad Mixed Melon Salad Juice of Choice 2% Milk Coffee/Tea |
| Evening Snacks | | | | | | |
| Assorted Beverages | | Assorted Snacks | | | | |

Stone Crest Assisted Living

Week 3

September 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|--|--|
| Breakfast | | | | | | |
| Hot or Cold Cereal Scrambled Eggs Bacon Cinnamon Roll Wheat Toast Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Buttered Waffles Turkey Links Syrup Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Egg Patty Canadian Bacon Toasted English Muffin Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Country Brunch Casserole Hard Boiled Egg Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Choice of Eggs Autumn Hash Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Scrambled Eggs Honey Bran Muffin Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Cheese Omelet Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea |
| Lunch | | | | | | |
| Parmesan Breaded Pork Egg Noodles Green Beans Fresh Baked Roll Frosted Marble Cake Juice of Choice 2% Milk Coffee/Tea | Beef Stroganoff Baked Potato Whole Baby carrots Strawberry Pretzel Squares Juice of Choice 2% Milk Coffee/Tea | Beer Battered Fish French Fried Creamy Cole Slaw Wheat Bread Lemon Whip Juice of Choice 2% Milk Coffee/Tea | Baked Ham w. Raisin Sauce Rice Pilaf Zucchini & Summer Squash Dinner Roll Princess Bars Juice of Choice 2% Milk Coffee/Tea | Sweet Potato Crusted Pollock Creamed Spinach Biscuit Cinnamon Apple Tart Juice of Choice 2% Milk Coffee/Tea | Salisbury Steak Garlic Mashed Potatoes Green Beans & Mushrooms Dinner Roll Confetti Angel Cake Juice of Choice 2% Milk Coffee/Tea | Paprika Chicken with Sour Cream Gravy Rosemary Roasted Potatoes Lemon Dill Lima Beans French Baked Roll Brownie Juice of Choice 2% Milk Coffee/Tea |
| Dinner | | | | | | |
| Chicken Quesadilla Tossed Salad Refried Beans Diced Pears Choice of Dressing Juice of Choice 2% Milk Coffee/Tea | Creamy Garden Veg Soup Saltines Turkey Reuben Swch Fresh Orange Juice of Choice 2% Milk Coffee/Tea | Veggie Lasagna Broccoli Garlic Toast Apple Slices Juice of Choice 2% Milk Coffee/Tea | Chicken Cordon Bleu Red Bliss Potatoes Green Peas Dinner Roll Fruit Cocktail Juice of Choice 2% Milk Coffee/Tea | Cheeseburger Soup Saltines BLT Sandwich Cottage Cheese Chilled Peaches Juice of Choice 2% Milk Coffee/Tea | Macaroni & Cheese Stewed Tomatoes Wheat Bread Pineapple Chunks Juice of Choice 2% Milk Coffee/Tea | Pepperoni Pizza Tossed Salad Choice of Dressing Cantaloupe & Honeydew Juice of Choice 2% Milk Coffee/Tea |
| Evening Snacks | | | | | | |
| Assorted Beverages | | Assorted Snacks | | | | |
| | | | | | | |

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Week 4

September 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|---|
| Breakfast | | | | | | |
| Buttermilk Pancakes Turkey Links Syrup Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Egg & Cheese Sandwich Bacon Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Scrambled Eggs Breakfast Ham Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Choice of Eggs Sausage Patty English Muffin Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Cheese Omelet Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea | French Toast Turkey Link Syrup Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Egg, Bacon & Cheddar Scramble Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea |
| Lunch | | | | | | |
| Veal Picata Spaghetti Noodles Asparagus Breadstick Cherry Tart Juice of Choice 2% Milk Coffee/Tea | Dill Glazed Salmon Long Grain & Wild Rice Prince Charles Veggie Blend Dinner Roll Apple Crisp Juice of Choice 2% Milk Coffee/Tea | Roast Port Company Potatoes Green Beans with basil Biscuit Blueberry Lemon Cream Bars Juice of Choice 2% Milk Coffee/Tea | Apple-Raisin Stuffed Chicken Whipped Sweet Potatoes Broccoli Dinner Roll Raspberry Filled Cookies Juice of Choice 2% Milk Coffee/Tea | Lasagna Parslied Cauliflower Breadstick Cream Pie Juice of Choice 2% Milk Coffee/Tea | Veggie Baked Fish Rice Pilaf Zucchini Squash Dinner Roll Chocolate Satin Pound Cake Juice of Choice 2% Milk Coffee/Tea | Ham & Potato Augratin Corn Dinner Roll Juice of Choice 2% Milk Coffee/Tea |
| Dinner | | | | | | |
| Old Fashioned Veggie Beef Soup Saltines Deli Plate w/ Potato Salad Diced Pears Juice of Choice 2% Milk Coffee/Tea | Deluxe Hamburger Waffle Fries Bakes Beans Red Grapes Juice of Choice 2% Milk Coffee/Tea | Tomato Soup Saltines Grilled Cheese Swch Tossed Salad Cinnamon Apples Choice of Dressing Juice of Choice 2% Milk Coffee/Tea | Seasoned Beans w/ Ham bits Breaded Corn Nuggets Fresh Baked Roll Pineapple Chunks Juice of Choice 2% Milk Coffee/Tea | OF Hot Turkey Swch Mashed Potatoes Baby Carrots Strawberry & Banana Cup Juice of Choice 2% Milk Coffee/Tea | Hearty Cabbage Soup Saltines French Dip Swch Sweet Potato Fries Mixed Melon Salad Juice of Choice 2% Milk Coffee/Tea | Chicken Salad on Croissant German Potato Salad Cucumber Slices Fruit Cocktail Juice of Choice 2% Milk Coffee/Tea |
| Evening Snacks | | | | | | |
| Assorted Beverages | | Assorted Snacks | | | | |
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Stone Crest Assisted Living

Week 5

September 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|--|
| Breakfast | | | | | | |
| Hot or Cold Cereal Choice of Eggs Bacon Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Blueberry Pancake Squares Sausage Patty Syrup Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Breakfast Casserole Wheat Toast Jelly Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Scrambled Eggs Cinnamon Roll Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Cheddar Eggs Benedict Bacon Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Hard Boiled Eggs Turkey Links Tstd Cinn Swirl Bagel w/ cream cheese Juice of Choice 2% Milk Coffee/Tea | Hot or Cold Cereal Egg & cheese Sandwich Breakfast Ham Juice of Choice 2% Milk Coffee/Tea |
| Lunch | | | | | | |
| Cranberry Glazed Turkey Bread Stuffing Dinner Roll Apple Pie Juice of Choice 2% Milk Coffee/Tea | Herbed Pork Loin Baked Sweet Potato Half Asparagus Croissant Strawberry Shortcake Juice of Choice 2% Milk Coffee/Tea | Veal Parmesan Spaghetti Noodles Broccoli Garlic Toast Chocolate Ice Cream Parm Cheese Juice of Choice 2% Milk Coffee/Tea | Chicken & Dumplings Green Peas Cheese Biscuit Cheese Cake Juice of Choice 2% Milk Coffee/Tea | Braised Boneless Short Ribs Mashed Potatoes Baby Carrots Fresh Baked Rolls Pumpkin Spice Bars Juice of Choice 2% Milk Coffee/Tea | Pollock Almondine Broccoli Rice Au Gratin Glazed Sugar Snap Peas Dinner Roll Berry Pear Crisp Juice of Choice 2% Milk Coffee/Tea | Salsa Chicken Black Beans and Rice Corn Oreo Cookie Blondies Juice of Choice 2% Milk Coffee/Tea |
| Dinner | | | | | | |
| Chunky Veggie Soup Saltines Grld Corn Beef & Swiss Swch Dilled Carrots Orange Wedges Juice of Choice 2% Milk Coffee/Tea | Chicken Chill Saltines Tossed Salad Breadstick Red Grapes Choice of Dressing Juice of Choice 2% Milk Coffee/Tea | Fried Fish Corn on the Cob Creamy Cole Slaw Fresh Baked Roll Pineapple Chunks Juice of Choice 2% Milk Coffee/Tea | Sweet Potato Bacon Corn Chowder Saltines Ham Slices Zucchini & Summer Squash Dinner Roll Mixed Melon Salad Juice of Choice 2% Milk Coffee/Tea | Crispy Chicken Salad Cornbread Cinnamon Applesauce Choice of Dressing Juice of Choice 2% Milk Coffee/Tea | Baked Ziti Parslied Cauliflower Fruit Cocktail Juice of Choice 2% Milk Coffee/Tea | Creamy Garden Veggie Soup Saltines Ham Swch Marinated Cucumber & Tomatoes Apricots Juice of Choice 2% Milk Coffee/Tea |